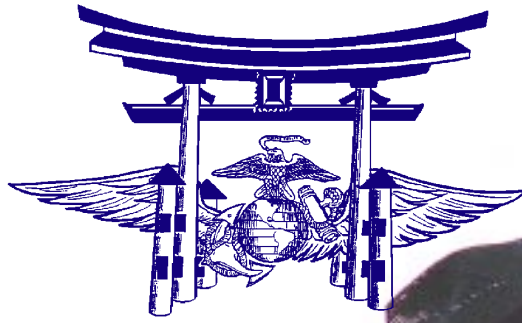


# Torii

Marine Corps Air Station  
Iwakuni, Japan



# Teller

Vol. 44 No. 38  
Oct. 1, 1999



## Post Office

pg 3

# Egg-por-tant information you can use

Dear Editor,

I read with great interest and enjoyed the article "Cures and tips for a lifetime" (Vol. 44 No. 36 Sept. 17, 1999). Some old wives tales and folklore have some factual basis. However, my interest peaked when I read "To determine whether an egg is fresh, immerse it in a pan of cool, salted water. If it sinks, it is fresh - if it rises to the surface, throw it away."

I had not heard of this one and am very interested in not getting e-coli. Of the 10 egg's I had in the box, two floated. I was dismayed. It looked like it was going to cost me quite a bit of money to eat healthy if I was to throw away one fifth of the eggs I bought.

Unconvinced, I went to <http://www.aeb.org> and found the below (note bold type). Possibly in the second series of this article, the editor could print a note stating that this info should be taken with a grain of salt.

## **FRESHNESS**

How recently an egg was laid has a bearing on its freshness but is only one of many factors. The temperature at which it is held, the humidity and the handling all play their part. These variables are so important that an egg one week old, held under ideal conditions, can be fresher than an egg left at room temperature for one day.

The ideal conditions are temperatures that don't go above 40 F (4 C) and a relative humidity of 70 to 80 percent.

Proper handling means prompt gathering, washing and oiling of the eggs within a few hours after laying.

Most commercially produced eggs reach supermarkets within a few days of leaving the laying house. If the market and the buyer handle them properly, they will still be fresh when they reach the table.

**It is not true that freshness can be judged by placing an egg in salt water. A carefully controlled brine test is sometimes used to judge shell thickness of eggs for hatching purposes, but has no application to freshness of table eggs.**

How important is "freshness"? As an egg ages, the white becomes thinner and the yolk becomes flatter. These changes do not have any great effect on the nutritional quality of the egg or its functional cooking properties in recipes. Appearance may be affected, though.

When poached or fried, the fresher the egg, the more it will hold its shape rather than spread out in the pan. On the other hand, if you hard cook eggs that are at least a week old, you'll find them easier to peel after cooking and cooling than fresher eggs.

/s/ GySgt. Dale English

Gunnery Sergeant English, thank you for the egg-por-tant tips. The information saved me from tossing out an egg or two. However, e-coli is a threat to you only if you plan to eat the cow that lives next to the chicken coop. Still your concern over the possible bacteria contamination is worth noting, especially salomella which is often found in eggs.

/s/Torii Teller

## More cures and tips for a lifetime

☑ Don't throw out all that leftover wine; Freeze into cubes for future use in casseroles and sauces.

☑ If you have problem opening jars, try using latex dishwashing gloves. They give a nonslip grip that makes opening jars easy.

☑ Potatoes will take food stains off your fingers. Just slice and rub the raw potato on the stains and rinse with water.

☑ To get rid of an itch from a mosquito bite: try applying soap on the area for instant relief.

☑ Ants, ants, ants everywhere ... well they are said to never cross a chalk line. So get your chalk and draw a line on the floor or wherever ants tend to march. See for yourself.  
☑ Use air freshner to clean mirrors: It does a good job and better still, it leaves a lovely smell to the shine.



### Our Cover

**Sgt. Maj. William Smith (standing) gathers brush strewn across the driving range by Typhoon Bart. Golfers from around the station gathered to assist in the clean-up. For more on Typhoon Bart, see Page 7. (photo by Cpl. Ryan Bradburn)**

## Torii Teller

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## News Briefs

### Seasonal Uniform

The optional period for wearing sleeves down for Marines and Sailors will be Oct. 11 through Nov. 7. Beginning Nov. 8, Marines and Sailors will wear the utility sleeves down. The uniform of the day for Navy officers and chief petty officers is service dress blue with service khaki as an alternative uniform. Naval personnel E-6 and below will wear the service dress blue with winter blue as an alternative uniform.

### Town Hall Meeting

All air station residents are encouraged to attend the Town Hall meeting scheduled Oct. 5, 6:30-8:30 p.m. at the M.C. Perry Elementary School gym. Air station staff and subject matter experts will be on hand to discuss quality of life issues and answer questions.

### Animal Control

Residents are reminded that all domestic pets, while outdoors, must be on a leash or otherwise restrained at all times unless kept within the occupant's fenced yard, according to MCASO 10570.1J. In cases where the fence is not sufficient for this purpose, the animal must be kept on a leash inside the yard.

### MSG Brief

Headquarters and Headquarters Squadron will hold an all-hands Marine Security Guard brief Oct. 6, 9 a.m. at the Tomadachi Club. All Marines interested in the MSG program should attend.

### Power Outage

The air station will experience a base-wide power outage Oct. 11 from 8 a.m. to 5 p.m. For details call 253-4556.

# Station Post Office to provide improved services to residents

by LCpl. Jessica Simonson  
Torii Teller Staff

Beginning Oct. 4, the MCAS Iwakuni Post Office will offer services at a more convenient location to those who live and work on the north side of the station.

A full-service post office will be located in building 1460 behind MAG-12 headquarters, currently used only as a unit mailcall pick-up site.

The staff of three Marines will offer the same services as the Main Post Office.

"Customers will be able to mail packages, purchase money orders, stamps and pick up personal accountable mail such as certified, registered or insured packages," said SSgt. Eborah Lawson, custodian of postal effects.

The same policies will be in effect for both locations.

"Custom forms (for outgoing packages) still need to be filled out," said Lawson. "We accept cash, not checks, and we cannot wrap packages."

The north side location will be

open from 10 a.m. to 2 p.m. Monday, Tuesday, Thursday and Friday.

Wednesday's hours are 10 a.m. to 1 p.m. The post office will be closed weekends and holidays.

The shorter hours are a necessity to meet transportation schedules in order to get mail in and out of the Northside Post Office.

According to SSgt. John Watson, postal operations chief, mail will be delivered and processed at the Main Post Office and then transported to and from the Northside Post Office.

"There will be a strain," said Lawson. "We will be operating two post offices with the same manpower to operate one. Especially now with the holidays coming, there will be just as much mail, if not more, with the same workforce."

"However, we feel confident that our efforts will enhance postal services to the single and unaccompanied personnel who reside on north side."

"It is about treating all residents equally with the best possible service," said MSgt. Eugene Clark, postal chief.

## Government vehicles for government uses

by Cpl. Ryan Bradburn  
Torii Teller Staff

The convenience of having wheels can often draw servicemembers into situations prohibited by regulation.

Use of government vehicles is granted for official use only, according to Marine Corps Order 11240.5K, a derivative of Department of Defense Order 4500.36-R.

With the recent reduction in the air station's garrison mobile equipment fleet, or motor pool, abusing government vehicles can be especially detrimental, according to CWO-2 Jose Serrano, station motor transportation officer.

"With the number of vehicles getting smaller, we have to be aware

of how we use the vehicles," he said. "We have to use them more efficiently."

Official use is limited to work-related operations only, said Equipment Operator 1st Class James Streicher, assistant operations chief, roadmaster, license examiner and equipment operator.

"A lot of people think lunch time and hair cuts are official use," he said. "It doesn't work that way."

"Official means official toward the completion of the unit's mission," Serrano said.

Units generally adhere to the rules when they know what they are, according to Serrano. The little



# Putting all of the pieces together

submitted by  
TRICARE

One person who knows where he'll be for New Year's Eve 1999 is Cmdr. Lyn Hurd, Y2K program manager for the Military Health System. He'll be tracking the dawn of the new millennium at MHS's Y2K situation awareness room, where he and a team of experts will monitor how the military's healthcare-related computer systems and equipment respond to the Year 2000.

As Jan. 1, 2000, quickly approaches, engineers, computer experts and others from all of the services, are busy putting the finishing touches on MHS systems, facilities and equipment to ensure that MHS is ready to continue providing quality healthcare to its eight million beneficiaries regardless of the date changeover. Since 1996, this team of experts, led by Hurd, has been working to prepare the MHS for a smooth transition into the year 2000.

Hurd and his team have taken a proactive approach to ensure the Y2K readiness of the system, achieving Y2K compliance in four key areas: information technology systems, facilities, biomedical devices, and TRICARE contractor's systems.

When asked the current progress of their efforts, Hurd was optimistic, yet still cautious.

"While 100 percent of our systems have been certified Y2K compliant, we are in a process of constant refinement," Hurd said.

During the course of this project, the Y2K team executed a five-phased program to ensure the safety and continuity of healthcare delivery. The team tracked 87 centrally managed information systems, over 365,000 pieces of biomedical equipment, and 500 facilities for Y2K compliance. In addition, the MHS has led a coordinated effort with its TRICARE contractors and surgical and pharmaceutical suppliers to ensure that all systems

affecting patient care are ready for Y2K.

Twelve information technology systems were deemed Mission Critical Systems because they have a direct impact on patient care or medical readiness. Examples include the Defense Blood Standard System, immunization tracking systems and appointment systems.

"The MHS is currently conducting a series of tests on all of the Mission Critical, Y2K compliant systems," said Hurd. "Our goal is to ensure that they can operate together once the date changes to Jan. 1, 2000."

These tests simulate a patient's interaction through each system used to assist in providing patient care. This includes the appointment system, checking beneficiary eligibility, computerized medical information, a doctor ordering lab tests and prescription drugs, and claims processing. <http://www.tricare.osd.mil/>

"Although all the pieces individually are Y2K compliant, we need to make sure they will all work together," noted Hurd. "By testing all of these systems together, we are better able to ensure that everything will continue to operate normally during the Year 2000 changeover."

"The MHS is in a great position to deal with Y2K. However, we still must prepare for possible interruptions that are beyond our control," Hurd said. "To that end, our team has been working closely with utility providers and others to develop plans to ensure that healthcare delivery will not be interrupted during the date changeover."

As a further precaution this fall a tri-service situational awareness center will be established to respond to and resolve any Y2K issues that may surface within the system. And Hurd will be there on New Year's Eve 1999 making sure that everything goes according to plan.

Asked about his predictions for Jan. 1, 2000, Hurd said, "We'll be ready to continue to deliver the quality healthcare that our beneficiaries have come to expect."

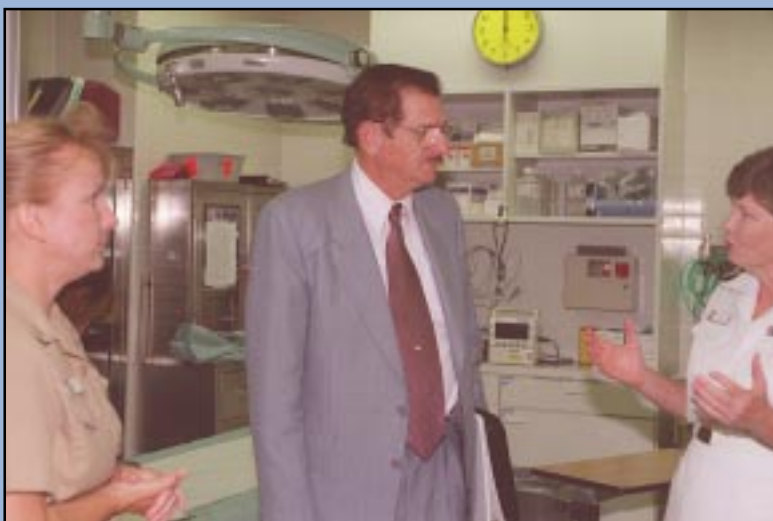


photo by LCpl. Jessica Simonson

## Station visit

**Bill Bloom, Deputy Director for Pacific Operations, Quality Management, Office of the Secretary of Defense, listens while Lt. Emile Hook (left), Acute Care Clinic division officer, and Cmdr. Kathleen Young, senior nurse officer, explain medical services available during a tour of the ACC during his visit to the air station Sept. 16.**

**Bloom toured several facilities during his one-day visit, including PMO and the MCAS Iwakuni Fire Station.**

**The Branch Medical Clinic was among the sites recognized for improved services in women's health care.**

# Learning the ropes of resupply

by LCpl. Travis A. Gannon  
MCB Camp Pendleton

## MARINE CORPS BASE CAMP PENDLETON, Calif.

— Infantry Marines and engineers from 5th Marine Regiment and 1st Combat Engineer Battalion trained for as Helicopter Support Teams recently. First Transportation Support Battalion conducted the training at the 62 Area helicopter heavy-lift pad.

The training provides the battalions with “great capability,” said WO Jose Falche, 5th Marines’ regimental embark officer. “It puts an HST at the commanding officer’s disposal and helps with resupply needs.” Initial instruction included proper use of gear, grounding hooks from the helicopter, hand signals and safety.

Marines learned proper

techniques for rigging equipment. Improperly rigged equipment compromises safety, according to Cpl. Michael Humr, landing support specialist, Beach and Terminal Operations Company, 1st TSB.

They rigged various items, including a HMMWV (high mobility, multipurpose wheeled vehicle), water tank and C-tractor. To prepare the equipment for transportation, they used 15,000- and 40,000-pound slings and 10,000-pound cargo nets.

During flight, static electricity builds up on the hooks. Before anyone can touch them again, they must be grounded using ground poles. Poles are touched to the hooks and connected to a judgement calls are where problems arise.

“Most people get into a gray area when they start making

see [RESUPPLY](#) Page 9



photo by LCpl. Travis Gannon

**Marines crouch down and wait for the “downwash” from the helicopter. During the training, a Marine was thrown off his feet but got back up and completed the mission.**



photo by LCpl. Jessica Simonson

**Eagle Scout Brandon Wilkins slices into a cake with the help of his father LtCol. Alex Wilkins, VMFA-212 commanding officer, at a ceremony Sept. 14.**

## Scouting benefits people of all ages

by LCpl. Jessica Simonson  
Torii Teller Staff

Troop 77, the air station Boy Scout troop, is going through some major changes. Scoutmaster Mike Murrell, formerly with MALS-12, has left after three years of faithful service to the troop due to his recent permanent change of station.

Murrell is credited with keeping the troop on track and pulling things together when they seemed to be falling apart, a parent said.

The troop also inducted a new member, Brandon Wilkins, into the Eagle Scout Court of Honor during a ceremony at the Staff Noncommissioned Officers' Club Sept. 14.

Wilkins' induction was the result of learning the necessary skills and completing a community service project at the Chapel Annex, where he demonstrated the leadership skills needed to advance to Eagle Scout. But aside from the transformation Troop 77 is going through, scouting is a tradition that has not varied much since its creation in the early 1900s.

The Boy Scouts of America was designed with three goals in mind — to build character, citizenship and personal fitness training in America's youth.

Today, scouting is appealing to both children and their parents because of the impression it leaves.

"The advantages of scouting are all the good things it promotes," said Jerry Hollenbeck, station safety specialist and Troop 77 committee chairman. "The Scout Law and Scout Oath are basically everything good you could think of."

According to Scout Law, a Boy Scout should embody the following ideals: be trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean and reverent.

Scouting's good influence is intended to extend beyond the weekly meetings.

After only a little more than three years in scouting, Wilkins took the Oath of an Eagle Scout. According to Hollenbeck, he is now expected to maintain those standards for the rest of his life.

Hollenbeck, who has been involved with scouting for more than eight years, 3 1-2 of which were spent here, said the advantages are not just for the boys.

With the departure of Murrell, the future of the troop is in question. The help of the community is needed to allow the boys the opportunity to continue scouting.

"Anyone who wants to feel like they are contributing to the development of future leaders should volunteer," Hollenbeck said. "Volunteers have the opportunity to get involved with the community and share their expertise."

Anyone interested in volunteering or becoming a Boy Scout can contact Jerry Hollenbeck at 253-3247.

## Vehicle citations a problem

by Cpl. Ryan Bradburn  
Torii Teller Staff

There are many facets to ensure government vehicles are properly cared for aboard the air station. To get the job done, servicemembers at the Motor Pool get help from responsible officers.

Commands supply ROs to manage the Garrison Mobile Equipment vehicles entrusted to them.

"Each command has an RO who physically signs for the responsibility of 'B' assigned vehicles," said Equipment Operator 1st Class James Streicher, assistant operations chief, roadmaster, license examiner and

equipment operator. "The RO not only ensures they have licensed operators, they also ensure the equipment is taken care of."

Responsible officers relay the rules of the road to those who drive the vehicles they are in charge of, supplying an important connection between motor transportation and drivers.



# Storm wreaks havoc, station quick to recover

by LCpl. Jessica Simonson  
Torii Teller Staff

Typhoon Bart blew in with a furry still felt days after its arrival Sept. 24.

Damage to the air station is estimated at \$1 million.

"That total may come down, we are still doing evaluations," said Cmdr. Tony Ermovick, facilities officer.

"The list of the estimated damage and the actual damage are totally different," said Philip Avery, MCAS Iwakuni Fire Department chief. "We didn't expect the typhoon to hit us like it did."

Avery was on duty during the typhoon, having to respond to alarms due to power outages around the air station.

"I saw cars floating and was watching the roof fly off the JMSDF (Japan Maritime Self-Defense Force) barracks," he said. "Trees were uprooted in Gunn Park and bleachers on the Northside Field were blown over."

Efforts to repair the damage and clean up the air station were underway almost immediately after the station was given the All Clear. Seabees acted after the storm by taking care of any dangerous debris or electrical hazards, while Marines took to the airfield for a foreign object debris walk, ensuring the flightline was operational.

Saturday, working parties teamed up with the Seabees to clean up Bart's mess. Dividing the air station into zones, the teams cleaned up metal debris and large branches or bushes left behind by the storm.

"Contracts for fencing and roof repairs were awarded yesterday (Wednesday)," Ermovick said. "Work will start after the necessary safety precautions are made. Projects should get underway no later

than next week. The majority (of projects) should be completed within the next 30 days."

Other areas of concern for air station residents are power outages and downed trees.

According to Ermovick, power outages during the storm were due to overhead power lines that were blown down. During the past week, there have been a few brief outages in able to make the necessary repairs to transformers and overhead power lines.

"A lot of consideration has been given to the recovery, repair and disposal of the trees blown down. MWSS-171 will help with disposal along with contract support. Trees that are salvageable will be re-erected," Ermovick said.

Traveling at 30 knots, the storm moved through the area much quicker than was expected. With gusts here reaching a maximum of 86 knots, Bart was an unwelcome but expected visitor.

Personnel at Station Weather began tracking the storm Sept. 17 at 9 a.m. Due to the extended notice, residents were able to take the necessary precautions against the typhoon.

I stocked up on groceries," said LCpl. Paul Odell, Adjutant directive control point clerk who assisted with the Saturday morning clean up. "The commissary was packed, it was about a 20-minute wait in line."

In addition to individual efforts, working parties filled approximately 600 sandbags Thursday night in preparation of the storm's massive waves.

"I think we were well prepared for the storm," Avery said. "I was surprised to see how quickly the station got back on its feet."



photo by Cpl. Ryan Bradburn

**SgtMaj. Ralph Guerrero Jr., station sergeant major, pitches in a hand cleaning up the driving range with fellow golfers Tuesday.**



photo by LCpl. Richard Longhi

**The roof of MWSS-171's Communication Shop was blown off when Typhoon Bart hit the air station Sept. 24. The shop was one of several buildings to sustain damage.**

# School lunch program follows directive

by LCpl. Kurt Fredrickson  
Torii Teller Staff

Matthew C. Perry schools have changed the school lunch program this year to a system based on directives from the Handbook for School Meal Service. The directive is in accordance with the National School Lunch Act and the National School Lunch Program Revision, which is being used effectively on bases in Guam, Korea, and Okinawa.

"For the past couple of weeks the school lunch program at M.C. Perry has been nothing short of successful," said Vickie Arreola, school lunch supervisor. "The biggest reason for this success is we are only dealing with coupons."

Before this program was developed students were paying with cash coupons and charging which slowed the flow of students through the cafeteria. Coupons can be purchased at the exchange cash cage.

"Tickets are sold in one location to preclude customers authorized free and reduced priced coupons from going to several locations. General managers select the location with the local military community commander," said Arreola. "It is better to keep thousands of dollars worth of coupons in one location with strict supervision and under lock and key."

"It's inconvenient but I can live with it," said Linda Kratzert, parent.

An unlimited amount of tickets can be bought at one time to reduce trips to the cash cage each month. The recommended amount is two weeks worth with five extra for safekeeping with the teacher, according to Arreola. The school allows parents to leave extra coupons in their child's homeroom class in the event they forget their coupon or lunch at home. This arrangement is for

occasional use only and not for the daily distribution of coupons.

"For teachers it's wonderful because parents send in five extra tickets for lunch, then if the child's ticket is lost or forgotten, instead of calling Mom they get one out of the desk and problem solved," said Dana Rivera, third grade teacher.

In the past, students could get their lunch on an "I owe you or charge" basis and up to 30 lunches a day were provided for students who didn't have their coupon or lunch. The number of charges has dropped to around

"My goal for the 1999-2000 school year is not only to bring the lunch program up to par, but to a higher level."

**Vickie Arreola**

five per day with the new system.

Many parents relied on the previous system when they could charge lunches.

"I think if you charge you tend to rely on that," said Karen Curry, parent.

According to the directive, "A minimum of three ticket replacements or special meal arrangements from lost or stolen coupons, must be allowed each student within the school year before a letter is sent notifying the parents of the problem," said Arreola, referring to the directive.

For the past 13 years there have been no guidelines or regulations in place. The school lunch program was not up to speed with other more efficient programs on other military installations, Arreola said.

"My goal for the 1999-2000 school year is not only to bring the lunch program up to par, but to a higher level," she said.

## CITATIONS from Page 6

"Responsible officers are critical in the management of the fleet," said CWO-2 Jose Serrano, station motor transportation officer.

Still, there are problems to address. The biggest problem, according to Serrano, is that drivers are found not using their seatbelt.

"The use of seatbelts is DoD policy," said Streicher.

Another problem is the lack of a trip ticket, said Serrano. The trip ticket is a required element any time a government vehicle is in use.

"The use of government vehicles is

very regulated," he said. "We have to keep records of mileage and gas among other things. The trip ticket is important because it protects you."

A trip ticket protects the driver in the case of an accident because it shows the driver is signed for the vehicle and has made the appropriate checks before operation.

The third problem is the appropriate use of government vehicles, according to Serrano.

Every quarter, members of motor transportation host an RO brief to disseminate important, fresh information. The next one is scheduled

for Oct. 19, time and place are yet to be determined. Overall, ROs fulfill an important role in the use of GME vehicles.

"Anything that goes on with that vehicle, the RO is directly responsible for," said Serrano. "They should know the condition of their vehicles."

Keeping them informed is important and is a constant effort on motor transportation's part.

"In the past two years, we've made a lot of progress in getting the ROs involved. We want to get them even more involved," Serrano said.



GOV from Page 3

their own interpretations," he said. "That's where they get into trouble. When questions arise, go with the stricter interpretation."

Even small abuses of government vehicles can lead to bigger problems. When they grow large enough, prob-

lems can endanger the mission.

"It starts a chain reaction," said Serrano. "When the vehicles are not being used for the mission, they become taxis for personal missions. When we start to abuse vehicles, it leads to a breakdown of what we're entrusted with."

When a citation is given for

inappropriate use of a government vehicle, the vehicle is taken from the command and a copy of the citation is sent to the offender's officer-in-charge and commanding officer.

"If they're not using the vehicle for what it was designed for, it's going to go to someone who will," said Streicher.

## News

## Corps

RESUPPLY from Page 5

wire that runs to another pole on the ground. Hand signals are used to communicate between the ground crew and the pilot. Hand signals are passed from the inside director, who stands under the helo, to the outside director, who is about 50 yards in front of it, and passed on to the pilot.

Communication between the pilot and ground crew is essential to the safety of personnel and equipment, Humr said. If a pilot is taking off and the ropes are tangled, he can't see it, creating a possibly dangerous situation. The ground crew can see it and tell the pilot how to maneuver to avoid trouble so they can fix it.

"It's good knowledge to have in the future," said PFC Antonio Govan, E Company, 2nd Battalion, 4th Marines. "If no one else is there to help us, I'll know what to do."

The most difficult element in this training is getting used to the "downwash" - or turbulence - when the helo first comes in, Humr said. It's strong enough to knock an unprepared Marine off his feet.

They practiced static lifts before the helo arrived. "We rigged the lifts to a crane, making sure all the equipment was secured properly," Humr said. "It's a safer way to learn it without a helo." The crane is easier to work with than the helo, whose rotors generate turbulence.

Finally, the Marines put all their lessons to work by actually rigging the equipment to a CH-53E Super Stallion. Ten teams of eight Marines took turns. Each team rigged three pieces of gear twice.

Since 5th Marines is a helo-borne oriented regiment, its Marines must have HST skills, Falche said. "It makes us more efficient to have this ability of resupply within our units."

"I've never done training like this before," said LCpl. Mark A. Johnson, E Co., 2/4. "It's interesting to see how different parts of the Marine Corps work and how they relate to our job as grunts."

"Usually we work with a gun and a pack. This is different from the norm."



photo by Sgt. Timothy LeMaster

### Bone Marron Drive

**A station-wide bone marrow drive took place Sept. 27-30 at the Crossroad Mall Amphitheater. Col. Richard Dunn, air station commanding officer, led the way by donating before the banners and tents were erected for the first day of the drive.**

**Before giving blood, donors filled out questionnaires to ensure they were eligible. Station corpsman drew blood from donors that will be entered in a nationwide database which makes it possible for donors to give marrow to someone in need.**

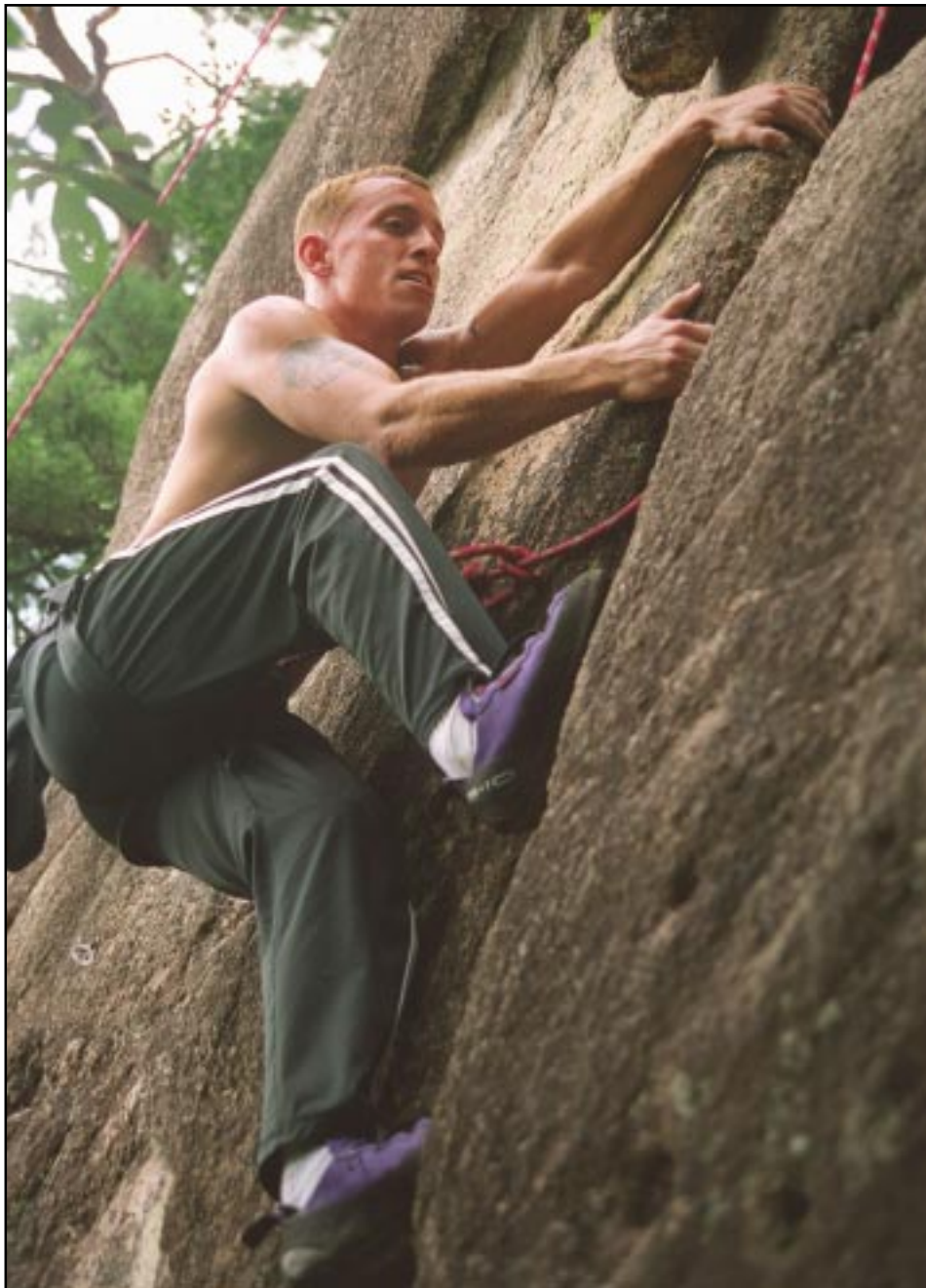


photo by LCpl. Kurt Fredrickson

**Cpl. Mike Felton, MWSS-171 embark noncommissioned officer, grabs a opening to help pull himself further up the rock during Sundays outdoor recreation rock climbing trip to Three Peaks.**

# Climbing Three Peaks

*Rock climbing allows resident to explore new heights*

**by LCpl. Kurt Fredrickson  
Torii Teller Staff**

The late morning sun began to heat up the still mountain air as 11 adventure seekers from the air station began their hike through the forest trails of Mirkuradake, also known as Three Peaks. Some would

find personal challenges ahead as immense as the rocks they would soon try to climb.

The trip Sunday began with a group, meeting at the Main Gym at 8 a.m., gathering their gear and climbing in the outdoor recreation van for the 30-minute ride.

At the base of the mountain Scott

Edwards, outdoor recreation director, taught a class on the fundamentals of rock climbing. Before taking the long trek up the mountain, basic knowledge of rock climbing would have to be instilled in the members so they would know how to climb safely.

Sitting in the grass at the foot of the mountain, the group learned about the proper ways to wear and use harnesses.

After covering harnesses, the group learned about the ropes. The brightly colored patterns of the ropes boldly stood out against the grass.

"Climbing ropes are very strong," said Edwards. "The life of a climbing rope depends on the usage and how much you fall."

The ropes used for the climbing class were flexible.

"These are dynamic ropes," said Edwards. "Which means they have a lot of stretch. You want dynamic ropes for rock climbing. It distributes the force of the fall."

The class learned how to use a harness nad the ropes and how to tie into the harness. The figure-eight-follow-through knot, when tied successfully to the harness, would be the only thing keeping the climber attached to the rope in the event of a fall.

After the class tied it once, Edwards said, "Untie it and do it again. Practice makes perfect."

Next, the climbers learned about belaying. Belaying is when the rope attached to the climber is strung through a loop at the top of the rock and descends back down to the belayer's harness. The belayer takes up the slack in the rope that develops as the climber ascends toward the top. Using a device known as an air traffic controller, a belayer can easily control the descent of a climber or stop a fall.

After the class, a 20-minute hike led the climb-hungry group to a rocky granite wall known as ABC.

"The reason we went there was that it has a variety of climbs nice and close together," said Edwards. "There's something for everyone there."

see **THREE PEAKS** next page



# Dragons win championship, 4-3

by LCpl. Kurt Fredrickson  
Torii Teller Staff

The CSSD-36 Dragons claimed the intramural soccer championship Friday with a perfect record, defeating VP-8, 4-3 at Penny Lake field.

The Dragons' center midfielder and team captain Odin Pineda grabbed a goal soon after the start of the first half. Scoring three times before the end of the half, VP-8 brought the score to 3-1 in their favor putting the pressure on the Dragons.

At the start of the second half, the Dragons came out of a huddle filled with intensity. The second shot to the goal by Pineda brought the Dragons closer to catching up to VP-8. Pineda returned to take another shot on the VP-8 goal, this time sending the goalie into the mud as he unsuccessfully tried to stop the speeding ball tying things up 3-3.

Toward the end of the second half the Dragons' striker Mora Manzanares, unleashed a shot on goal bringing the score to 4-3 and winning the game.

"It was a direct kick. They thought we were going to set it up and I just put it in. We took them by surprise," said Manzanares.

For the majority of the CSSD-36 squad, the next stop is the regionals in Okinawa.

"The strength is the teamwork," said Pineda. "We're going to give it our best down there."

## TREE PEAKS from Page 10

After the ropes were secured at the top the climbing began. There were two areas to climb. One had holds only big enough for fingertips to grab and the other had more cracks and was easier to maneuver on.

Climbers strained to reach each handhold as their specially designed rubber soled climbing shoes clung to the rough surface as if by some unseen force. Climbers hugged the rock, straining and concentrating on the task at hand.

"It was pretty fun. It was a lot harder than I thought it would be," said Matt Lalonde, MWSS-171 combat engineer. "I didn't really know how to do it so it was hard."

Climbers sweated profusely as they conquered the more than 40-feet high rock wall, inch by inch. Some from the group slipped but thanks to their belayers, they only fell a foot or two.

Those on base interested in trying rock climbing can sign up for one of Edwards' trips for only 10 dollars.

"I try to come out once every month with a group," said Edwards.

Those that participated enjoyed the day and were willing to give it another try.

"I would definitely do it again. It was worth the challenge," said Lalonde. "The view was incredible and when I was on top, it reminded me of the Smokey Mountains."

The goal of the day was to reach the top. Even those who may not have thought they could make it, did using what they had learned earlier that day. Tired, sweaty and dirty, the group descended the long trail back to the van. During a course of hours rocks that, ominously loomed over the climbers earlier that day were conquered using techniques and good instruction from belayers on the ground.



photo by LCpl. Kurt Fredrickson

## Two Iwakuni Marines selected to box

**Ricardo Alaniz, right, and Jeremy Prather have been selected by Semper Fit from MCAS Iwakuni to attend the All-Marine boxing tournament at Camp Lejeune, N.C. Oct. 3**

**Alaniz will compete in the light-weight class at 134 pounds and Prather, the cruiser class at 178 pounds. Both Marines will be taking part in the competition that could lead them to selection for the All-Marine Team.**

**Six Marines were selected from around the Marine Corps to go to the 18-day competition. Selection for the team will mean fighting on the Armed Forces Team Nov. 15-19.**



# Friendly cultural competition at swim meet

by LCpl. Jessica  
Simonson  
Torii Teller Staff

Six Marines participated in the Japan Maritime Self-Defense Force's 1999 Iwakuni Kichi Suiei Kyogikai swim competition held at the JMSDF pool Sept. 23.

This is the first time Marines were invited to take part in the competition.

Heath McCleary, who was responsible for recruiting the majority of the team, took first place honors by defeating seven JMSDF competitors in the 100-meter freestyle.

McCleary, a coach for the Iwakuni Tsunami Swim Team, a local youth swimming program, is no stranger to winning medals for his swimming ability. He has been swimming competitively for 12 years and has participated in the Florida Senior State Championships and the Junior Olympics.

"Swimming is something I started doing when I was younger," he said. "I just had a real feel for the water. The competitions are great and the people I meet are awesome. There are a million reasons why I love to swim."

His interest in the sport was contagious, as McCleary convinced several of his coworkers to get their feet wet.

Other members of the team included Dave Fulton, Cliff Nix, Ivor Pardee, Damian McLeavey and Kenneth Hamlin. Members participated in seven of the day's races.

Though competition was fierce, there were more light-hearted events. Relays, such as centipede and kickboard relays, entertained competitors and spectators alike.



photo by LCpl. Jessica Simonson

**Heath McCleary (left) awaits the presentation of his gold medal for his victory in the 100-meter freestyle swim. McCleary was one of six Marines to participate in the JMSDF swim meet Sept. 23.**

By day's end, McCleary wasn't the only one to win an event. Nix, McLeavey, Hamlin and McCleary won second place in the ball relay.

"We each had to swim a 25-meter leg holding a ball," McCleary said. "It was a fun relay."

Regardless of where they finished, the team enjoyed the opportunity to swim against their Japanese competitors.

"It was extremely well organized," said McCleary. "It was equivalent to championship meets – a real awesome event."

"I enjoyed the swim meet and look forward to more events with the Japanese," said Fulton.

And as long as Marines continue to show interest in events like this, they will be given the opportunity to compete. McCleary hopes to invite the Japanese to a tournament in November.

"I think it builds morale 110 percent," said Sean Kim Han, MCCS aquatics director. "It encourages unity by bringing units together to cheer on and support their fellow servicemembers. I think joining forces in any type of recreation builds the unity of one instead of separation of two. They(the participants) get a better understanding of each other and cultural exchange."

## Sports Briefs

### Basketball Season

Basketball season will start in November. If you are planning to play basketball or any other school sport activity, make an appointment for your sports physicals now to insure eligibility to play when the season starts. Forms can be picked up from the School Nurse's office. Have your parents fill out the Health History from Page 2 prior to your appointment.

### Wilderness Triathlon

Health Promotions will hold a triathlon for unit teams Oct. 15, 8:30 a.m.-2 p.m. The event includes a canoe, bike and hike portion in the Yasaka area. Contact your unit S-1 to sign up. For more information call 253-6259.

### Teen Soccer

Youth Sports is taking registration from youths 13-14 years old interested in playing soccer. Sign up at the Youth Center, and call 253-5729 for more information. Registration ends today.

### Fall Volleyball

Registration is underway for league volleyball, open to SOFA, JMSDF, IHA and MLC personnel age 16 and older. A players' meeting will be held Sunday, 10 a.m. at the Main Gym. For more information call 253-4605.

### Samurai Football

The Samurai teen tackle football team meets Sotoku High Oct. 10, 2 p.m. on the Main Parade Field. The Samurai will celebrate Homecoming during pre-game and halftime. The community is invited to come out and cheer for the "home team."

## Friday

9:00 Sesame Street  
10:00 Shining Time Station  
10:30 Kiana's Flex Appeal  
11:00 The Oprah Winfrey Show  
12:00 NBC Nightly News  
12:30 Wheel of Fortune (TV-G)  
1:00 Port Charles (TV-14)  
1:25 Guiding Light (TV-14)  
2:15 General Hospital (TV-14)  
3:05 Sylvester and Tweety Mysteries  
3:30 Jack Hanna's Animal Adventures  
4:00 Xena: Warrior Princess  
5:00 Jeopardy! (TV-G)  
5:30 Headline News  
6:00 Pacific Report  
6:33 CNN/SI  
7:00 The Simpsons (TV-PG)  
7:30 AFN Special  
SNL 25th Anniversary  
10:00 Pacific Report  
10:35 Tonight Show w/Leno  
11:35 Late Show w/Letterman

## Saturday

0:35 ESPNNews  
1:05 Movies 'til Dawn  
Donato and Daughter  
2:50 Movies 'til Dawn  
The Big Chill (TV-PG)  
5:00 Today Show  
7:00 Mr. Rogers' Neighborhood  
7:30 Arthur (TV-Y)  
8:00 Disney's 101 Dalmations  
8:30 Disney's Hercules  
9:00 Rugrats  
9:30 Goosebumps  
10:00 California's Gold  
10:30 California's Gold  
11:00 Hometown (TV-PG)  
11:30 California's Gold  
12:00 NBC Nightly News  
12:30 Navy/Marine Corps News  
1:00 NHL (ESPN)  
4:00 WWF Superstars (TV-14)  
5:00 Soul Train  
6:00 Headline News  
6:30 ESPNNews  
7:00 Beverly Hills, 90210 (TV-14)  
8:00 Melrose Place (TV-14)  
9:00 20/20 Friday  
10:00 Headline News  
10:30 ESPNNews  
11:00 Saturday Night Live (TV-14)

## Sunday

12:30 Videolink  
1:00 Movie 'til Dawn  
Drums Along the Mohawk (TV-PG)  
3:00 Movies 'til Dawn  
No Man's Land (TV-PG)  
5:00 Headline News  
5:30 Hours of Power  
6:00 Café Video  
6:30 W. Angeles Ch. God in Christ  
7:00 Icons: Windows Onto Heaven

7:30 Day of Discovery  
8:00 Bear in the Big Blue House (TV-Y)  
8:30 Reading Rainbow  
9:00 Wild America Specials (TV-PG)  
10:00 Family Movie  
Mission Top Secret:  
Po. Pony Puzzle (TV-Y7)  
12:00 Headline News  
12:30 Army Newswatch  
1:00 MLB (FOX)  
4:00 Xena: Warrior Princess (TV-PG)  
5:00 Computer Chronicles  
5:30 Wall Street Journal Report  
6:00 Headline News  
6:30 ESPNNews  
7:00 America's Funniest Home Videos (TV-G)  
8:00 Primetime Movie  
Broken Arrow  
10:00 Headline News  
10:30 Pensacola: Wings of Gold (TV-PG)  
11:30 Austin City Limits

## Monday

12:30 America's Black Forum  
1:00 The NFL Today (CBS)  
5:00 NFL (CBS)  
8:00 Headline News  
8:30 Showbiz Today  
9:00 Sesame Street  
10:00 Big Bag  
10:30 Kiana's Flex Appeal  
11:00 The Oprah Winfrey Show (TV-14)  
12:00 Headline News  
12:30 Wheel of Fortune (TV-G)  
1:00 Port Charles (TV-14)  
1:25 Guiding Light (TV-14)  
2:15 General Hospital (TV-14)  
3:05 Disney's Jungle Cubs  
3:30 Superman  
4:00 Journey of Allen Strange  
4:30 All That (TV-Y)  
5:00 Jeopardy! (TV-G)  
5:30 Headline News  
6:00 Pacific Report  
6:33 CNN/SI  
7:00 60 Minutes  
8:00 The Drew Carey Show (TV-PG)  
8:30 The King of Queens (TV-PG)  
9:00 The Practice (TV-14)  
10:00 Pacific Report  
10:35 Tonight Show w/Leno  
11:35 Late Show w/Letterman

## Tuesday

0:35 ESPNNews  
1:05 Movies 'til Dawn  
Rachel, Rachel (TV-PG)  
2:50 Movies 'til Dawn  
Educating Rita (TV-PG)  
5:00 Headline News  
5:30 ESPNNews  
6:00 Today Show  
8:00 Headline News  
8:30 Showbiz Today

9:00 Sesame Street  
10:00 Teletubbies (TV-Y)  
10:30 Co-Ed Training  
11:00 The Oprah Winfrey Show  
12:00 NBC Nightly News  
12:30 Wheel of Fortune (TV-G)  
1:00 Port Charles (TV-14)  
1:25 Guiding Light (TV-14)  
2:15 General Hospital (TV-14)  
3:05 Space Goofs (TV-G)  
3:30 Squigglevision  
4:00 Nick News  
4:30 Scholastic Sports America  
5:00 Jeopardy! (TV-G)  
5:30 Headline News  
6:00 Pacific Report  
6:33 CNN/SI  
7:00 Seventh Heaven (TV-G)  
8:00 NFL Monday Night Football  
11:30 Pacific Report

## Wednesday

12:05 Tonight Show w/Leno  
1:05 Late Show w/Letterman  
2:05 Unsolved Mysteries  
3:00 Movies 'til Dawn  
Uncommon Valor (TV-PG)  
5:00 Headline News  
5:30 ESPNNews  
6:00 Today Show  
8:00 Headline News  
8:30 Showbiz Today  
9:00 Sesame Street  
10:00 Blues Clues  
10:30 Bodyshaping  
11:00 The Oprah Winfrey Show  
12:00 NBC Nightly News  
12:30 Wheel of Fortune (TV-G)  
1:00 Port Charles (TV-14)  
1:25 Guiding Light (TV-14)  
2:15 General Hospital (TV-14)  
3:05 Taz-Mania  
3:30 Gargoyles  
4:00 Men in Black (TV-Y7)  
4:30 Hang Time  
5:00 Jeopardy! (TV-G)  
5:30 Headline News  
6:00 Pacific Report  
6:33 CNN/SI  
7:00 Sabrina, the Teenage Witch (TV-PG)  
7:30 Boy Meets World (TV-PG)  
8:00 Party of Five (TV-14)  
9:00 Ally McBeal (TV-14)  
10:00 Pacific Report  
10:35 Tonight Show w/Leno  
11:35 Late Show w/Letterman

## Thursday

0:35 ESPNNews  
1:05 Movies 'til Dawn  
F/X 2 (TV-PG)  
2:55 Movies 'til Dawn  
Robin and Marian (TV-PG)  
5:00 Headline News  
5:30 ESPNNews  
6:00 Today Show  
8:00 Headline News  
8:30 Showbiz Today

9:00 Sesame Street  
10:00 Teletubbies (TV-Y)  
10:30 Co-Ed Training  
11:00 The Oprah Winfrey Show  
12:00 NBC Nightly News  
12:30 Wheel of Fortune (TV-G)  
1:00 Port Charles (TV-14)  
1:25 Guiding Light (TV-14)  
2:15 General Hospital (TV-14)  
3:05 Animaniacs  
3:30 Pokemon (TV-G)  
4:00 Hercules: The Legendary Journeys (TV-PG)  
5:00 Jeopardy!  
5:30 Headline News  
6:00 Pacific Report  
6:33 CNN/SI  
7:00 Dharma and Greg (TV-14)  
7:30 Jesse (TV-PG)  
8:00 Just Shoot Me (TV-PG)  
8:35 Will and Grace (TV-14)  
9:00 NYPD Blues (TV-14)  
10:00 Pacific Report  
10:35 Tonight Show w/Leno  
11:35 Late Show w/Letterman

## Friday

12:35 ESPNNews  
1:05 Movies 'til Dawn  
Lone Wolf McQuade (TV-PG)  
3:00 Movies 'til Dawn  
Cat on a Hot Tin Roof (TV-PG)  
5:00 Headline News  
5:30 ESPNNews  
6:00 Today Show  
8:00 Headline News  
8:30 Showbiz Today  
9:00 Sesame Street  
10:00 Blues Clues  
10:30 Kiana's Flex Appeal  
11:00 The Oprah Winfrey Show  
12:00 NBC Nightly News  
12:30 Wheel of Fortune (TV-G)  
1:00 Port Charles (TV-14)  
1:25 Guiding Light (TV-14)  
2:15 General Hospital (TV-14)  
3:05 Sylvester and Tweety Mysteries  
3:30 Jack Hanna's Animal Adventures  
4:00 Xena: Warrior Princess  
5:00 Jeopardy! (TV-G)  
5:30 Headline News  
6:00 Pacific Report  
6:33 CNN/SI  
7:00 The Simpsons (TV-PG)  
7:30 The Hughleys (TV-PG)  
8:00 Star Trek: Voyager (TV-PG)  
9:00 X-Files (TV-14)  
10:00 Pacific Report  
10:35 Tonight Show w/Leno  
11:35 Late Show w/Letterman

Find additional  
TV schedules and sports  
teams names at  
[www.iwakuni.usmc.mil](http://www.iwakuni.usmc.mil)



# Movies

## Sakura Theater

### Iron Giant (PG)

Rated PG for fantasy action and mild language  
Oct. 1, 7 p.m.; Oct. 2, 4 p.m.; Oct. 3, 3 p.m.; Oct. 5, 7 p.m.

"Iron Giant" is based upon the 1968 story, 'Iron Man,' by the British poet laureate Ted Hughes. The film is about a giant metal machine that drops from the sky and frightens a small town in Maine in 1958, only to find a friend named Hogarth, that ultimately finds its humanity and saving the towns people of their fears and prejudices.

### Mystery Men (PG-13)

Rated PG-13 for comic action violence and crude humor  
Oct. 1, 10 p.m.; Oct. 2, 7 p.m.; Oct. 4, 7 p.m.

Based on the Dark Horse comic, Mystery Men. Seven lame superhero wannabes, who are called upon to use their dubious "powers" to save a bustling metropolis when Champion City's beloved real superhero-protector, Captain Amazing, is kidnapped. The wannabe heroes square off against the vile villain, Casanova Frankenstein, and his beautiful sidekick, Dr. Anabel Leek, as they try to stop Casanova's dastardly plot to take over the city

### Eyes Wide Shut (R)

Rated R for strong sexual content, nudity, language and some drug-related material  
Oct. 2, 10 p.m.; Oct. 3, 7 p.m.; Oct. 6, 7 p.m.

After learning of his wife's flirtatious behavior, Dr. William Harford goes on an odyssey of his own.



This schedule is submitted by the Sakura Theater and is subject to change. Any questions or comments can be directed to **MCCS** at 253-4003.

## Iwakuni's Theaters

### Kokusai:

Oct. 1 - beginning of December  
"Star Wars Episode I" - 11 a.m.,  
1:30 p.m., 4 p.m., 6:30 p.m.,  
(Sat. only) 9 p.m.

### New Central I:

Oct. 1 - mid October  
"Matrix" - 11:05 a.m., 1:35 p.m.,  
4:05 p.m., 6:35 p.m.,  
(Sat. only) 9:05 p.m.

### New Central II:

Oct. 2 - mid October  
"Notting Hill" - 10:55 p.m., 3:45 p.m.,  
(Sat. only) 8:35 p.m.

"The Negotiator" - 1:10 p.m., 6 p.m.

### New Central III:

Oct. 2 - end of October  
"The Haunting" - 10:50 a.m.,  
1 p.m., 3:35 p.m., 6:05 p.m.,  
(Sat. only) 8:15 p.m.

## Local



### **Alcoholics Anonymous**

Alcoholics Anonymous open meetings are held Tuesdays and Thursdays, 7 p.m. and Wednesdays, 11:30 a.m. Closed meetings are held each Sunday, 7 p.m. A "for women only" open meeting is held the last Saturday of each month at 10 a.m. All meetings are held in Bldg. 497, second floor. For more information call 43-4814.

### **Medical Clinic Health Promotions Tobacco Cessation Courses**

Tobacco Cessation classes will be held Oct. 13, 15, 20, 22, Nov. 10, 12, 17 and 19. Courses are held in the clinic conference room, 10-11 a.m. Participants must attend all four sessions. For more information call 253-3266.

### **Controlling Cholesterol Course**

A "Controlling Cholesterol Course" will be offered Oct. 29 and Nov. 18, 10-11 a.m. in the Branch Medical Clinic conference room. This class will help participants understand what cholesterol is, how to reduce it and the importance of good nutrition and regular exercise. For more information call 253-3266.

### **Navy Ball**

The Navy Ball will be held Oct. 22 at 6 p.m. at the Tomodachi Club. For tickets or more information call Chief Magallanes at 253-4407 or Chief Brewer at 253-4301.

### **Resume Tune-up Service**

Drop off, mail, or fax your resume to the Career Resource Management Center. They will look it over, offer suggestions, and return it to you for free. Call 253-6439, fax 253-6363, or drop by Bldg. 210, Rm. 203.

### **Free Developmental Screening**

Educational and Developmental Intervention Services, a division of Branch Medical Clinic, along with M.C. Perry Elementary School, will offer a free developmental screening for children ages birth to 5 years old. The screening is scheduled Oct. 13-15.

People who have children under 5 years old and have questions about his or her development, call 253-4923 to make an appointment. Appointments will be given on a first-come, first-serve basis.

### **L.I.N.K.S.**

L.I.N.K.S. program, a family team building program designed for spouses of Marines, Sailors or DoD civilians to understand more about the Marine Corps and its programs will be holding a session Oct. 16, 9 a.m.-4:30 p.m. in Bldg. 1117. Registration is required and free childcare is available. For more information call Sylwia

at 253-3668 or Branda at 253-2366.

### **Ladies Bible Study**

Ladies Bible Study meets every Tuesday in the multipurpose room of the Chapel Annex, 11:30 a.m. - 1 p.m. There is a monitored homeschool study hall as well as a nursery provided. Bring your lunch for fellowship from 11:30 a.m.-noon; bible study from noon-1 p.m.

### **DRMO Iwakuni**

DRMO Iwakuni will hold a retail sales event, Oct. 5-7, 8:30 a.m.- 3:30 p.m. The sale is limited to SOFA-status personnel only. All items are sold "as is, where is" first come, first served. All sales are cash only (U.S. dollars), and no refunds, exchanges or returns are acceptable. All sold items must be removed after purchase.

### **Navy-Marine Corps Relief Society**

Navy-Marine Corps Relief Society needs your volunteer services. The Iwakuni Office located in Bldg. 210, is open Mondays and Wednesdays, 10 a.m.-2 p.m. and Fridays, 10 a.m.-noon.

They have openings for volunteers to work in interviewing, budget counseling, secretarial skills, publicity and crocheting blankets for the layette package. Childcare fees are reimbursed for volunteers. For more information call 253-5311.

### **Marine Corps Community Services PTO/MCCS Bazaar**

The fall bazaar takes place in the MAC Dome Oct. 2, 9 a.m.-5 p.m. and Oct. 3, 10 a.m.-5 p.m. Vendors from throughout the Far East will sell their wares to benefit the M.C. Perry Parent Teacher Organization.

### **End Zone Hours Adjust**

The End Zone dining room and bar will close Oct. 1, 4:30-9:30 p.m. for a special event. The bar will reopen at 9:30 p.m. The End Zone will open in support of the fall bazaar Oct. 2-3. Continental breakfast items and a limited lunch menu will be available.

### **Eagles' Nest Limited Menu**

Beginning Oct. 1, the Eagles' Nest will offer a limited menu in preparation for its move to Club Iwakuni. The Eagles' Nest is open daily 6:30 a.m. through midnight, and 24-hours-a-day for weekends.

### **Baby's First Gift**

The Layette package, which contains newborn clothing, baby book, crocheted sweater set and blanket, and a diaper bag, will be presented to you in "Baby's First Seabag." This baby gift is available free to all Navy and Marine Corps families.

You must either attend a Budget for baby Workshop or schedule an appointment with a Navy Relief caseworker to discuss budgeting for baby. Call 253-5311 for an appointment.

### **Local/Federal Employment Workshop**

The Local/Federal Employment Workshop, scheduled Wednesday, 9-10:30 a.m. in Bldg. 210, Rm. 203, ex-



plains Iwakuni's local job market and the application processes. Instruction is given on completing the SF171, OF612, Federal Resume and KSA forms and computer applications. For more information and to sign up call 253-6439 or stop by Bldg. 210, Rm. 203.

### Checkbook Management Class

A Checkbook Management Class is being offered Tuesday, 11:45 a.m. - 12:45 p.m., Bldg. 210 room 227. Bring lunch if you like. For more information call 253-6352.

### Military Pre-retirement Seminar

The next Military Pre-Retirement Seminar will be held Nov. 29 - Dec. 3, 8:30 a.m. - 4 p.m. in Bldg. 411, Rm. 217. Servicemembers and spouses within two years of anticipated retirement are encouraged to attend. Topics include VA benefits, survivor benefit plan, personal finance planning and more. For more information and to sign up call 253-6439. Registration closes Nov. 24.

### Mothers of Preschoolers

MOPS meets the 2nd and 4th Thursday of each month, 9:30 - 11:30 a.m. in the Chapel Annex multipurpose room. For more information contact Karen Lyons at 253-2258.

### Big Brother/Big Sister

The Big Brother/Big Sister program is looking for children age 8-16 who would like a big brother or sister. They are also looking for dependable adults who are interested in volunteering one to two hours a week with a child. For more information call Community Services 253-3737.

### Playgroup

Parents and their children ages birth to 6 years old are invited to participate in Playgroup, Tuesdays, 9:30-11 a.m. in Bldg. 589's community room and is free. For more information call Community Services at 253-3737.

### Domestic Violence Awareness

October is Domestic Violence Awareness Month. This year's campaign kicks off Oct. 1, 11 a.m. at the Crossroads Mall under the theme "Domestic Violence: Marine Enough to Prevent it." Wear a purple ribbon in support of domestic violence awareness and prevention. For more information call 253-3737.

### Discipline Tips

The New Parent Support Program and Community Programs will offer a free lunchtime seminar open to everyone on discipline, Oct. 8, in Bldg. 210, Rm. 106. For more information or to register call 253-6553.

### CRMC Internet Job Search

The Internet is a free resource for gathering information on current job openings, housing costs, college enrollment, tuition opportunities and application forms. For details call the Career Resource Management Center at 253-6439 or stop by Bldg. 210, Rm. 203.

### Parent Training

The New Parent's Support Program's Daddy's Baby Bootcamp and Mom's Basic Training first session will be held Tuesday, 6-7:30 p.m. This class is free and open to both military and civilian community. For more information or to preregister call 253-6553.



## Chapel's Weekly Services

### Saturday

5:30 p.m. Catholic Mass (Chapel Annex)

### Sunday

8:15 a.m. Liturgical Worship Service (Chapel Annex)  
 9 a.m. Catholic Mass (M.C. Perry Elementary School Gym)  
 10 a.m. Church of Christ Lay Leader Service (Chapel Annex, Rm. 103)  
 10:15 a.m. C.C.D. (Chapel Annex)  
 Gospel Sunday School (M.C. Perry Elementary School, Rm. 423B)  
 10:30 a.m. Protestant Divine Worship Service (M.C. Perry Elementary School Gym)  
 12 p.m. Gospel Divine Worship Service (M.C. Perry Elementary School Gym)  
 12:30 p.m. Church of Jesus Christ, Latter Day Saints (Chapel Annex)  
 2:15 p.m. Church of Jesus Christ, Latter Day Saints Sacrament (Chapel Annex)

Call 253-5218 for more information.  
 For information on Jewish Services call Mark Zeid at 082-231-4008 after 6 p.m. or call the Station Chapel.



## Education



### Test Schedule

Every Tuesday/Friday

- College Level Examination Program
  - DANTES Subject Standardized Test
  - Oct. 13 - ACT Examination
  - Oct. 14 - Scholastic Assessment Test
  - Oct. 18 - Electronics Data Processing Test
  - Oct. 20 - Defense Language Aptitude Battery
  - Defense Language Proficiency Test
  - Oct. 22 - Armed Forces Classification Test
- For more information call 253-3855.

### University of Maryland

University of Maryland registration for Term II begins Oct. 12 and continues until Oct. 22. A tentative class list is available. Students interested in taking English or Math should call to schedule placement exams. Students using financial aid should turn in all paperwork prior to registration. For more information call 253-3494.

### M.C. Perry Homecoming

M.C. Perry School is hosting events for its 1999 Homecoming. Events include a Spirit Barbecue at the Teen Center, Oct. 8, 7-10 p.m.; a Spirit Bonfire at Penny Lake, Oct. 9, 7-9 p.m.; Homecoming Football Game at the Main Parade Field Oct. 10, 2 p.m. and a Homecoming Ball at the SNCO Club Oct. 10, 7-11:30 p.m. For more information call 253-6454.